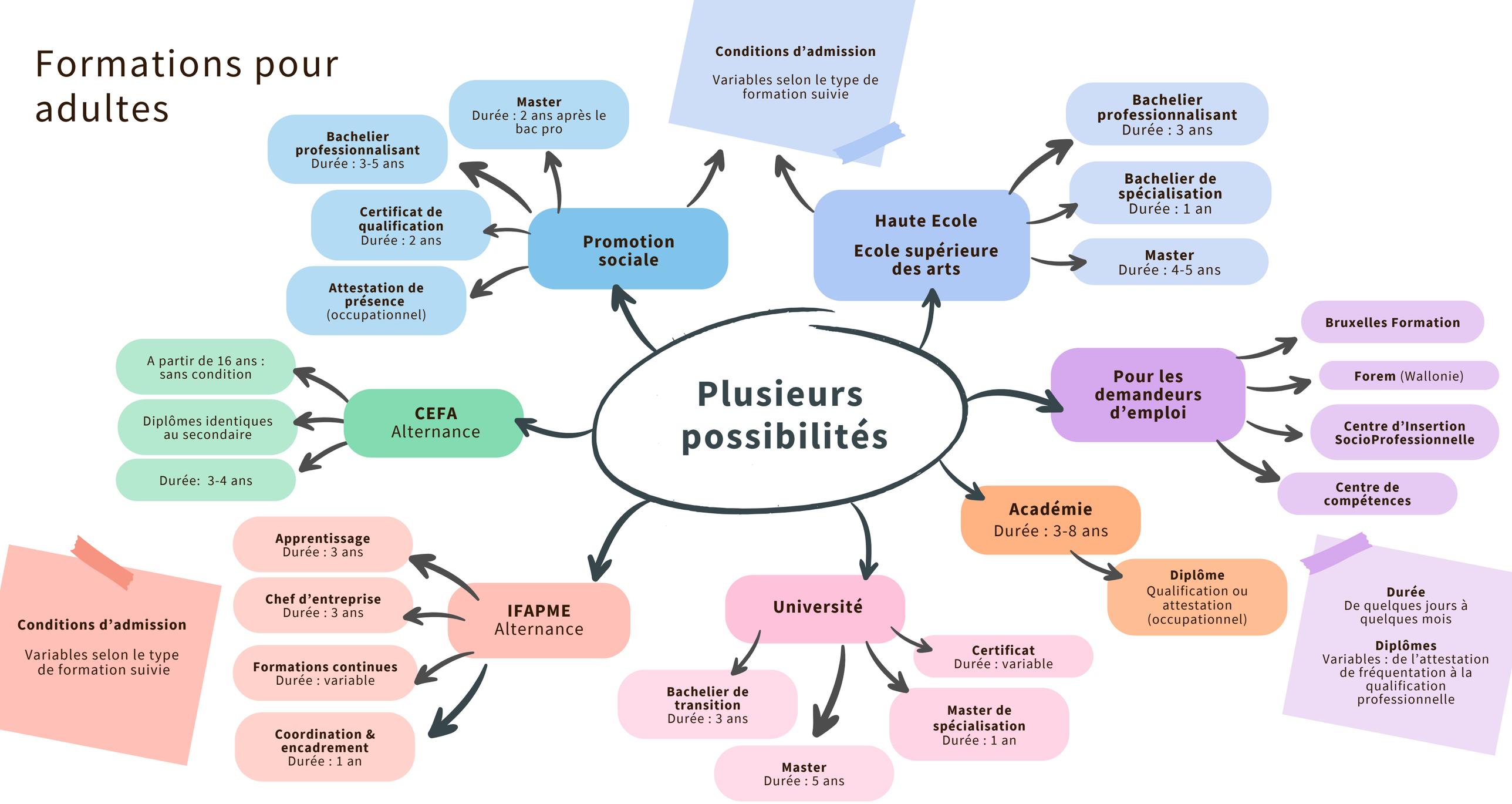Formations pour adultes